

January

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
AM: Nutrigrain Bar & Milk* ----- Lunch: Salami & Cheese Rollup*, Crackers & Peaches ----- PM: Veggie Straws & Cheese Stick*	AM: Bagel with Cream Cheese* ----- Lunch: Spaghetti & Meatballs, Spinach & Pineapple ----- PM: Animal Crackers & Gogurt*	AM: Banana & Cheerios ----- Lunch: Chicken Sandwich, Carrots & Pears ----- PM: Pretzels & Berries, Toddlers: Goldfish* & Berries	AM: Oranges & Graham Crackers* ----- Lunch: Chicken Fettuccine*, Broccoli, & Mixed Fruit ----- PM: Vanilla Wafers* & Wowbutter	AM: Rice Cake with Cream Cheese* ----- Lunch: Wowbutter & Jelly Sandwich, Veggie Straws & Pineapple ----- PM: Trail-Mix*
11	12	13	14	15
AM: Cinnamon Chex & Cheerios with Milk* ----- Lunch: Turkey & Cheese* Sandwich, Veggie Straws & Peaches ----- PM: Cheez It Trail-Mix*	AM: Nutrigrain Bar* ----- Lunch: Tacos*, Spinach & Pineapple ----- PM: Grapes & Pretzels, Toddlers: Grapes & Goldfish*	AM: Applesauce & Cheerios ----- Lunch: Chicken Nuggets, Cucumber & Mixed Fruit ----- PM: Cheese Stick* & Veggie Straws	AM: Bagel with Cream Cheese* ----- Lunch: Diced Ham & Veggie Pasta & Pears ----- PM: Berries & Animal Crackers	AM: Cereal Mix ----- Lunch: Pizza Roll ups*, Carrots & Pineapple ----- PM: Vanilla Wafers* & Wowbutter
18	19	20	21	22
AM: Gogurt* & Berries ----- Lunch: Ham & Cheese Sub*, Spinach & Mixed Fruit ----- PM: Pretzels & Craisins, Toddlers: Crackers & Craisins	AM: Bagel with Cream Cheese* ----- Lunch: Macaroni & Cheese*, Carrots & Peaches ----- PM: Pickle & Cheez Its*	AM: Oranges & Graham Crackers* ----- Lunch: Meatballs, Bread with Butter*, Green Beans & Pears ----- PM: Grapes & Vanilla Wafers*	AM: Banana & Cheerios ----- Lunch: Chicken Tender Roll Up*, Spinach & Pineapple ----- PM: Pretzels & Cheese Dip* Toddlers: Crackers & Cheese dip*	AM: Rice Cake with Cream Cheese* ----- Lunch: Wowbutter & Jelly Sandwich, Crackers & Mixed Fruit ----- PM: Trail-Mix*
25	26	27	28	29
AM: Gogurt* & Graham Crackers* ----- Lunch: Salami & Cheese Sub*, Veggie Straws & Peaches ----- PM: Vanilla Wafers* & Berries	AM: Nutrigrain Bar* & Pears ----- Lunch: Sloppy Joe, Spinach & Pineapple ----- PM: Goldfish* & Grapes	AM: Banana & Cinnamon Cheerio Mix ----- Lunch: Cheese Quesadilla*, Green Beans & Pears ----- PM: Animal Crackers & Cream Cheese Dip*	AM: Rice Cake with Cream Cheese* ----- Lunch: Chicken Nuggets, Carrots & Mixed Fruit ----- PM: Pretzels & Cheese Stick* Toddlers: Crackers & Cheese Stick*	AM: Cereal Mix with Milk* ----- Lunch: Hot Dog, Chips & Peaches ----- PM: Cheez It Trail - Mix*