

October

Monday	Tuesday	Wednesday	Thursday	Friday
3 AM: Nutrigrain Bar* and Pears ----- Lunch: Banana, Tortilla, Wowbutter Spread, Veggie Straws, and Peaches ----- PM: Crackers and Sour Cream Dip*	4 AM: Graham Crackers and Applesauce ----- Lunch: Macaroni and Cheese*, Carrots, and Pears ----- PM: Grapes and Animal Crackers Toddlers: Diced Strawberries and Animal Crackers	5 AM: Cinnamon Cheerio Mix* with Apple Chips ----- Lunch: Meatballs, Green Beans, and Pears ----- PM: Goldfish and Yogurt*	6 AM: Bagel and Cream Cheese* ----- Lunch: Sloppy Joe*, Spinach, and Oranges ----- PM: Pirates Booty and Cheese Stick*	7 AM: Vanilla Wafers** and Wowbutter ----- Lunch: Salami and Cheese Sandwich*, Veggie Straws, and Tropical Fruit ----- PM: Tortilla Chips and Salsa Toddlers: Crackers and Diced Peaches
10 Premier Academy Closed	11 AM: Cheerio Cereal Mix* ----- Lunch: Waffles**, Turkey Roll Up, Veggie Straws, and Berries ----- PM: Goldfish* and Pickle Spear	12 AM: Banana Bread** and Milk* ----- Lunch: Wowbutter and Jelly Sandwich*, Spinach, and Pineapple ----- PM: Ranch Seasoned Pretzels* with Raisins Toddlers: Diced Berries and Pirates Booty*	13 AM: Roll* and Jelly with Craisins ----- Lunch: Creamy Alfredo Bacon Pasta*, Spinach, and Mixed Fruit ----- PM: Vanilla Wafers** and Cheese Stick	14 AM: Nutrigrain Bar* and Pears ----- Lunch: Pizza Bagel* Lunchable, Carrots, and Mandarin Oranges, ----- PM: Trailmix*
17 AM: Banana and Cheerios ----- Lunch: Turkey and Cheese Bagel Sandwich*, Veggie Straws, and Peaches ----- PM: Pretzels and Cheese Dip* Toddlers: Crackers and Cheese Stick*	18 AM: Animal Crackers and Raisins ----- Lunch: Grilled Cheese Roll Up*, Tomato Soup, and Peaches ----- PM: Vanilla Wafers** and Yogurt Dip	19 AM: Applesauce and Nutrigrain Bar ----- Lunch: Buttered Noodles with Chicken and Parmesan Cheese*, Salad, and Oranges ----- PM: Cheez its* and Pickle Spear	20 AM: Graham Cracker and Yogurt* ----- Lunch: Chicken Nuggets, Green Beans and Pineapple ----- PM: Pumpkin Bread** and Craisins	21 AM: Cereal Mix* ----- Lunch: Wowbutter and Jelly Sandwich*, Chips, and Mixed Fruit ----- PM: Raisins, Pretzels and Goldfish Trail Mix* Toddlers: Goldfish Trail Mix*
24 AM: Graham Cracker and Banana ----- Lunch: Turkey and Cheese on a Tortilla with Cream Cheese Spread*, Broccoli, and Pineapple ----- PM: Vanilla Wafers** and Pudding Dip*	25 AM: Nutrigrain Bar and Applesauce ----- Lunch: Meatballs, Roll With Butter*, Carrots, and Peaches ----- PM: Veggie Straws and Cheese Dip*	26 AM: Bagel and Cream Cheese* ----- Lunch: Macaroni and Cheese*, Corn/Peas, and Oranges ----- PM: Trailmix*	27 AM: Cereal Mix and Apple Chips* ----- Lunch: Hot Dog*, Baked Beans, and Berries ----- PM: Goldfish* and Raisins	28 AM: Crackers and Pears ----- Lunch: Pizza Bagel Lunchable*, Chickpea Chips, and Tropical Fruit Mix ----- PM: Pirates Booty* and Cheese Stick

* Contains Dairy * Contains Egg

